



Ronald Harry Frost

February 18, 1945 - September 23, 2025

It is with broken hearts that we announce the passing of Ronald Harry Frost on September 23rd after a long 15-year battle with Parkinsons. He was husband, father, grandfather, brother and friend to many. Ronald was born February 18, 1945, in Northampton, MA to the late Harry and Florence (Rackham) Frost. After graduating from Northampton High School, Ron enlisted in the United States Air Force and was stationed at Larson Air Force Base in Moses, Washington, as well as Goose Bay in Labrador. Following his military service, he pursued a career in sales, working for companies such as Caldor, Motorola, and several others throughout the years. Ron was a lifelong sports enthusiast and especially enjoyed playing softball in his younger days. He also shared his love of the game by coaching his daughter's Lassie League teams. Outside of work and sports, Ron had a deep appreciation for classic 1950s music, car shows and fishing.

Ron leaves behind his beloved wife of 55 years, Teresa (Wanat) Frost. Their bond was a constant source of strength and love. Together they raised three children, Michelle Woodger and her late husband Doug, Kimberly Oravec and her husband Greg and Bryan Frost and his wife, Sarah. Along with the "Super Seven" grandchildren: Macy, Alex, Madi, Jackson, Anna, Jamison and Ayla. His brother Howard Frost, Sisters-in-law Sue Grader (Lou), Charlene Chmura, Ann Marie Ilnick, several nieces, nephews, and many other extended family and friends.

He will be deeply missed by his loving wife, his children, and especially his

grandchildren, who brought him so much joy. He cherished every moment with them from fishing, to watching them dance, attending music performances, and cheering them on while playing sports — never missing a chance to be there, even on his most difficult days. His steady presence, sense of humor, and the quiet strength he carried will forever remain in their hearts. He leaves behind a legacy of love, family, and cherished memories that will continue to live on in those who knew and loved him.

Ron's family would like to extend their heartfelt gratitude to the doctors and staff at the VA in Leeds for their compassionate care and unwavering support throughout Ron's journey. Their kindness, attentive treatment, and genuine concern made all the difference and brought comfort to both Ron and his loved ones during his visits there.

Calling hours will be Monday September 29, 2025, from 4-7 PM at the DROZDAL FUNERAL HOME OF NORTHAMPTON. Funeral will be on Tuesday September 30, 2025, at 9AM in the Funeral Home followed by a Prayer Service at 10 AM. Burial with Military Honors will immediately follow in Spring Grove Cemetery in Florence.

In lieu of flowers, donations may be made in his memory to the Michael J. Fox Foundation for Parkinson's Research, PO Box 5014, Hagerstown, MD 21741 or to Tunnels to Towers Foundation, 2361 Hylan Boulevard, Staten Island, NY 10306.

For additional information or to share a personal message of condolence with the family, please visit DrozdaFuneralHome.com.

Previous Events

Calling Hours

SEP **29**. 4:00 PM - 7:00 PM (ET)

Drozdal Funeral Home
120 Damon Rd.
Northampton, MA 01060
drozdalfh@aol.com
<http://Drozdalfuneralhome.com>

Funeral

SEP **30**. 9:00 AM (ET)

Drozdal Funeral Home
120 Damon Rd
Northampton, MA 01060
(413) 584-5306
<https://drozdalfuneralhome.com/>

Prayer Service

SEP **30**. 10:00 AM (ET)

Drozdal Funeral Home
120 Damon Rd
Northampton, MA 01060
(413) 584-5306
<https://drozdalfuneralhome.com/>

Burial

SEP **30**. 11:00 AM (ET)

Spring Grove Cemetery
5 N. Maple St.
Florence, MA 01062

Tribute Wall

A-

“ Alison & Lisa -HSPA planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Ronald Harry Frost.

Alison & Lisa -HSPA - September 29, 2025 at 08:11 AM

A-

“ Alison & Lisa -HSPA purchased the Emerald Garden Basket for the family of Ronald Harry Frost.



Alison & Lisa -HSPA - September 29, 2025 at 08:11 AM

MA

“ Much love, Duane and Ali purchased the Serene Retreat for the family of Ronald Harry Frost.



Much love, Duane and Ali - September 28, 2025 at 02:56 PM

MO

“ Michael O. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Ronald Harry Frost.

Michael O. - September 27, 2025 at 11:09 AM

MO

“ Michael O. purchased the Lavender Reflections Spray for the family of Ronald Harry Frost.



Michael O. - September 27, 2025 at 11:09 AM

TF

“ The Litchfields, Sue O'Hare & Family. purchased the Sweet Tranquility Basket for the family of Ronald Harry Frost.



The Litchfields, Sue O'Hare & Family. - September 27, 2025 at 09:58 AM

WF

“ Warmest love, The Chmura Family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Ronald Harry Frost.

Warmest love, The Chmura Family - September 26, 2025 at 11:17 AM

WF

“ Warmest love, The Chmura Family purchased the Magnificent Life Spray for the family of Ronald Harry Frost.



Warmest love, The Chmura Family - September 26, 2025 at 11:17 AM

TC

“ So sorry to hear of Ron's passing. Sending condolences to Ron's family. I knew Ron for over 30 years as a customer who became a friend. He was always upbeat and we always shared a good laugh whenever we met! I will miss him. I know that he'll have 50's tunes playing as he travels through eternity in a classic car!!

T J Conroy

T J Conroy - September 26, 2025 at 10:00 AM

BC

“ My condolences. Ron was a great man. Keeping you all in my prayers.

Briana Cabrera - September 25, 2025 at 09:38 PM

LG

“ Sorry for your loss Terry and family. I got to know Ron when he came to UMass as a salesman for Connecticut Radio, nice guy, sincerely Linda Gwozdz

Linda Gwozdz - September 25, 2025 at 03:45 PM